

**The 19<sup>th</sup> International Dental Collaboration of  
the Mekong River Region (IDCMR)  
“Unveiling the future of Dentistry”  
October 15-17, 2025  
Laguna Grand Hotel & Spa Songkhla, Songkhla, Thailand**

## **e-Poster Guidelines**

Thank you for presenting at the 19th International Dental Collaboration of the Mekong River (IDCMR) Congress: “Unveiling the Future of Dentistry.”

This page is intended to help you prepare for your e-Poster presentation and viewing sessions at IDCMR 2025. Please check this page regularly for updates on technical requirements, deadlines, and general information.

In support of sustainability efforts, please note that all posters will be presented in digital format as e-Posters. We kindly request that you refrain from printing your poster. Thank you for your cooperation.

### **E-Posters: Preparation and Uploading**

We kindly request that you prepare your E-Poster for upload onto the online system by following the below guidelines.

For those with E-poster presentations, following the guidelines below will ensure your E-poster is ready for display at the time of your presentation. There will be no additional need to upload your E-Poster onsite, Laguna Grand Hotel & Spa Songkhla, Songkhla, Thailand.

- Please upload your 1-page E-Poster as a PDF file in PORTRAIT orientation.
- Language: All E-Posters should be prepared in English
- File Format: PDF format – 1 page
- All e-Posters must be created in portrait orientation (not landscape) using standard document software, PowerPoint, or Canva, and saved as a PDF file with an aspect ratio of 9:16 (720 × 1290 pixels).
- Recommended font types: Arial, Calibri, Verdana, Times New Roman or Helvetica
- Font size: 11 points or larger
- Hyperlinks, animated images, animations and videos are not permitted and will be non-functioning.
- QR Codes may be included. QR codes, if used should link to scientific content relevant to the e-Poster (ie. additional graphs/ images/ video clip/ CV- publications of the authors).
- Images and tables: At least 200 dpi – good picture quality is essential.
- When inserting images, photos, tables, etc., please use simple copy-paste and do not use embedded documents – the system does not support embedded files – audio or video.
- Avoid overlapping objects and layers – only the final view/status will be visible.
- When saving your PDF please do not use symbols or special characters (ie. +/@/ü) in the file name
- Please do not use headers and footers
- File size: Less than 5 MB

By following the guidelines, you will ensure your e-Poster is displayed correctly and is ready for upload.

Please note that by uploading your e-Poster, you agree to have it published on the IDC MR2025 congress.

### **Submitting an e-Poster**

Prepare and finalize your e-Poster file. Upload the PDF file to [idcmr2025@gmail.com](mailto:idcmr2025@gmail.com), with the subject title: **Poster Abstract ID** [*your abstract ID*] no later than 04.30 AM on September 26, 2025 (Bangkok Time).

### **Registration for IDC MR 2025**

The designated presenting author must register for the Annual Meeting. If you have not yet registered and paid the registration fee, please do so via the official Annual Meeting website.

Only abstracts from participants who have completed registration and payment by the date indicated in the acceptance notification will be included in the programme and published in the IDC MR proceedings.

### **E-poster presentations**

Please Note: E-Poster presentations are meant to be given onsite in Laguna Grand Hotel & Spa Songkhla, Songkhla, Thailand. There is not an option to present virtually. If you are selected for an e-Poster presentation and are unable to attend, please contact us at [idcmr2025@gmail.com](mailto:idcmr2025@gmail.com), to identify a presenting author, an original co-author, that will be onsite at Laguna Grand Hotel & Spa Songkhla, Songkhla, Thailand or to change your work to an e-Poster viewing only.

You'll have 3 minutes to capture the audience's attention in E-Poster Presentation, focusing on why your work is valuable and meaningful. Emphasize the importance and impact of your work, rather than delving too deeply into the details of the work itself.

This is your chance to highlight the influence of your research, rather than just the specifics of the paper itself. It's all about presenting your key insights and conveying the broader value of your work in a way that resonates with the audience.

This is your moment to capture attention and showcase what makes your work unique!

How long: For E-Poster Presentations – 6-min presentations (3 min for each presentation followed by 3 min for Q&A).

Please note that the Q&A is included in your total presentation time as indicated in your notification and in the programme.

Where: E-Poster presentations will take place at the Conference Hall 1st floor. Please view the programme to find your station, presentation date and time.

\*Please note: the allocation of presentations is still being finalised and the information, as to which presentations will be given at each station as well as the timing of the presentation, will be available in due course.

Presenters will present their previously uploaded e-Posters according to the guidelines above. The e-Poster will be displayed by our IT technicians at the designated e-Poster station during your presentation.

Please arrive at the e-Poster station 30 minutes before the start of your session to ask questions and receive instructions from the onsite technicians. Presenters are kindly requested to remain for the entire session, not only for their own presentation.

### **E-Poster Viewing Only**

E-Posters submitted for viewing only will not have a dedicated presentation session but will be available through the e-Poster gallery on the online platform, as well as onsite at e-Poster stations near the Exhibition area during exhibition hours.

By uploading your e-Poster, you consent to its publication in the official IDCMR 2025 materials.